



# The Dark Night of Recovery: Conversations from the Bottom of the Bottle

*Edward Bear*

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## **The Dark Night of Recovery: Conversations from the Bottom of the Bottle** Edward Bear

This inspiring work shows readers what it feels like to "hit the wall" or "hit bottom" on a spiritual path, and gives them insight on how to move forward toward a better life. It deals with the darkness, the despair and the joy that are inherent in the quest for enlightenment and self-knowing. Though focused mainly on issues relating to recovery from various kinds of addictions, the principles presented in this tale hold true for all spiritual journeys.

The story of *The Dark Night of Recovery* is in the form of an ongoing dialogue between a relative newcomer to recovery (Lawyer Bob) and an old-timer (Tyler) who meet every two weeks to discuss life and turmoil and love and lust and everything else. Each of the twelve chapters deals with one of the Twelve Steps, using the wisdom of the Tao, the Big Book of Alcoholics Anonymous, Winnie the Pooh, Yoda, Thomas Merton and many others. The story line follows Bob as he struggles through personal and spiritual problems, trying to apply the principles he is learning. At the end of the twelve sessions, Bob (and hopefully the reader) has acquired a few more skills to apply to the art of living one day at a time.

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As people who live in the actual modest era should be up-date about what going on or details even knowledge to make them keep up with the era which is always change and move ahead. Some of you maybe may update themselves by reading books. It is a good choice for you but the problems coming to a person is you don't know which you should start with. This The Dark Night of Recovery: Conversations from the Bottom of the Bottle is our recommendation so you keep up with the world. Why, as this book serves what you want and wish in this era.

#### **Joyce Morgan:**

Playing with family in a very park, coming to see the marine world or hanging out with close friends is thing that usually you will have done when you have spare time, after that why you don't try issue that really opposite from that. One activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love The Dark Night of Recovery: Conversations from the Bottom of the Bottle, you are able to enjoy both. It is good combination right, you still need to miss it? What kind of hangout type is it? Oh seriously its mind hangout people. What? Still don't obtain it, oh come on its referred to as reading friends.

#### **Kelly Blow:**

The book untitled The Dark Night of Recovery: Conversations from the Bottom of the Bottle contain a lot of information on this. The writer explains the woman idea with easy way. The language is very straightforward all the people, so do not really worry, you can easy to read the item. The book was written by famous author. The author brings you in the new period of literary works. You can read this book because you can continue reading your smart phone, or program, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can open up their official web-site along with order it. Have a nice go through.

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