



Musculoskeletal Fatigue and Stress Fractures (Exercise Physiology)

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In recent years there has been increasing interest in the causes and prevention of overuse injuries, specifically stress fractures. Musculoskeletal Fatigue and Stress Fractures is the only comprehensive book published in the past 25 years that integrates the most recent basic and clinical research and epidemiological findings related to stress fractures.

With 22 chapters written by highly respected experts in skeletal physiology, sports medicine, and orthopedics, this book provides information on the etiology and pathophysiology of stress fractures. It provides the first glimpse of the histological presentation of a stress fracture and new data describing in vivo measurements of strain in areas prone to injury. The volume also details how these fractures develop and how the bone responds to the injuries.

Chapters on prevention and treatment of stress fractures make this book a "must have" for military and sports physicians, athletic trainers, physical therapists, and anyone who works with populations subject to stress fractures.

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