



Handling Difficult People: Easy Instructions for Managing the Difficult People in Your Life

Jon P. Bloch

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Handling Difficult People: Easy Instructions for Managing the Difficult People in Your Life Jon P. Bloch

Practical advice for interacting with toxic personalities.

At one point or another, you'll encounter someone who is inconsiderate, irate, or aggressive and you'll need to know how to effectively manage the situation. *Handling Difficult People* helps you deal with the toxic personalities in all areas of your life, including in the workplace, at home, and during everyday interactions. Inside, you'll find the strategies and tools you need to spot the ten most common personality types and information on why these people behave in such an irritating manner. This book also teaches you what you should do when you're confronted by a difficult person as well as how to avoid these types of people altogether.

With the time-tested advice and techniques in *Handling Difficult People*, you'll confidently manage any toxic situation--and learn what you can do to help yourself.

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