



## Teenage Health: 83 (Issues Today)

*Cara Acred*

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## **Teenage Health: 83 (Issues Today)** Cara Acred

According to a recent study, 86% of young people feel confident that they are in good health, but is this really the case? Adolescence is a critical time, in which the effects of poor health care can lead to problems that last a lifetime. This book explores teenagers' views on their health and health-services, both physical and mental. In addition to this, it looks at issues such as illegal drug use, depression, tiredness, exam stress and long-term conditions such as diabetes and epilepsy.

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