



Wounded By Reality: Understanding and Treating Adult Onset Trauma (Psychoanalysis in a New Key Book Series)

Ghislaine Boulanger

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The culmination of three decades of studying and treating survivors of adult onset trauma, *Wounded by Reality* is the first systematic attempt to differentiate adult onset trauma from childhood trauma, with which it is frequently confused.

When catastrophic events overtake adult lives, they often scar the psyche in ways that psychodynamically oriented clinicians struggle to understand. For Ghislaine Boulanger, the enormous challenge of working with these patients is unsurprising. Survivors of major catastrophe, whether a natural disaster, a life-threatening assault, a serious accident, or an act of terrorism, experience a near-fatal disruption of fundamental aspects of self experience. The sense of agency, of affectivity, of bodily integrity, the capacity for self-reflection, the sense of time, and the ability to relate to others - all are called into question.

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Thomas Bedwell:

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The guide untitled Wounded By Reality: Understanding and Treating Adult Onset Trauma (Psychoanalysis in a New Key Book Series) is the publication that recommended to you to learn. You can see the quality of the book content that will be shown to a person. The language that creator use to explained their ideas are easily to understand. The author was did a lot of study when write the book, to ensure the information that they share to your account is absolutely accurate. You also could possibly get the e-book of Wounded By Reality: Understanding and Treating Adult Onset Trauma (Psychoanalysis in a New Key Book Series) from the publisher to make you more enjoy free time.

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