



# Open the Door: A Journey to the True Self

*Joyce Rupp*

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## **Open the Door: A Journey to the True Self** Joyce Rupp

The long-awaited book from best-selling spiritual guide Joyce Rupp, creatively leads readers to explore how the image of the door can guide them in a process of discovering their true self.

Joyce Rupp brings new life to the ageless spiritual image of the door, weaving insights from East and West with the wisdom of contemporary spiritual writers, poets, and novelists in a practical format that is just right for contemporary readers. Structured as a daily prayer guide for everyday use over six weeks, each day offers a thematic reflection, a guided meditation, an original prayer, a thoughtful question, and a related scripture quote. A built-in guide for small groups makes this the perfect resource for groups of all kinds as well as individuals.

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