



Freezer Meals Cookbook: 30+ Amazing Slow Cooker Freezer Meals In One Book!: (Freezer Recipes, 365 Days of Quick & Easy, Make Ahead, Freezer Meals) ... cookbook for two, dump dinners cookbook)

Adrienne Jackson

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There is no secret that we all want to have more time in our days. We spend our days going from one place to the next, trying to get it all done, and keep everything running smoothly. This can be a challenge for some, especially when there are things that keep coming up, like dinner, for example. Dinner is one thing that is a constant in our week, but it is something that tends to take up a lot of time. When you are running a busy schedule, it can be difficult to work dinner into your day easily and quickly. The problem is, you can't just leave it out. Thankfully, there is a new thing you can do that will save you a lot of time, and that thing is cooking your dinner in advance. That is what this cookbook is about. Premade, home cooked meals that you can toss in the freezer, then throw in your slow cooker before you head off to face another busy day. This book is so full of recipes, you won't need to consider dinner for an entire month! Just mix these up, toss them in the freezer, and you are ready to go with a new, home cooked meal whenever you want!

No more mess, no more stress. By the time you are at the end of this book, your meals will be:

- Easy
- Fast
- Healthy
- Tasty
- Family favorites
- And more!

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Nathan Jackson:

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Homer Douglas:

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Deborah Anderson:

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