



Early-Start Potty Training

Linda Sonna

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The time-tested, gentle, and successful method that introduces children to potty training as early as six months

While parents around the world successfully potty train their children well before preschool age, in the United States, we've moved away from this early introduction. However, there's no evidence that later is better--in fact, there's even significant reason to believe that later can be detrimental.

Written by a respected child psychologist, *Early-Start Potty Training* shows why the early-start method is preferable to the commonly used readiness method. Waiting until children show signs of readiness can hold them back from preschool, cost a fortune in diapers, and lead to health problems. The early-start method avoids these concerns by starting the process of training as early as six months old.

This easy-to-follow program provides you with:

- Time-tested training tips for introducing toddlers--and even infants--to the potty
- Methods for combating common problems of training delay
- A troubleshooting plan for moving toddlers from diapers to potty independence
- Hints on how to overcome accidents and build confidence in children

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