



# Migraine and Headache (Oxford American Pain Library)

*Alexander Mauskop*

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## **Migraine and Headache (Oxford American Pain Library)** Alexander Mauskop

Headache pain is widespread: 70% of Americans report suffering from headaches; 12% of those experience migraine pain. Aiming to supply clinicians with the information they need to care for headache patients, this second edition covers the most current information on headache classification, diagnostic procedures, and the treatment and management of chronic headache pain, including botulinum toxin for headache and zolmitriptan. The author discusses all common headache conditions: migraine, chronic migraine, status migraine, cluster and related headaches, tension headaches, sinus headaches, cervicogenic headaches, secondary headaches, and neuralgias. Part of the Oxford American Pain Library, this concise handbook aims to provide clinicians with practical information about the diagnosis and management of headache patients. Treating migraine and headache care holistically, the author includes a thorough review of both pharmacological medicines, such as anticonvulsants, antidepressants, and triptans as well as non-pharmacological alternatives, such as botanical remedies, acupuncture, and behavioral therapy. The book concludes with a collection of representative cases to help the physician integrate factual knowledge with evidence from real-life clinical situations. Compact and affordable, this volume is accessible, fact-filled, readable, and clinically pertinent.

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