



Instant Psychopharmacology: A Guide for the Nonmedical Mental Health Professional (Norton Professional Books)

Ronald J. Diamond

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Since medication is an increasingly important part of mental therapy, non-medical therapists, who often know the client better than a doctor, need to know the basics of psychopharmacology. Here, Dr. Ronald Diamond distills his years as a specialist into a guide to the indications, contraindications and side-effects of the five major classes of psychotropic drugs: antipsychotics, antiparkinsonian medications, antidepressants, mood stabilizers, and antianxiety and sleeping medications.

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