



# **The Shadow of the Path: Clearing the Psychological Blocks to Spiritual Development**

*V. J. Fedorschak*

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**The Shadow of the Path: Clearing the Psychological Blocks to Spiritual Development** V. J. Fedorschak  
Tracing the development of human psychology, from Freud to the end of 1999, this analysis presents five contemporary approaches to spiritual psychotherapy, for those who find themselves lost or stuck on the spiritual path.

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