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The Classic Herb Garden

Gordon Thorburn



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Herbs have been used since ancient times both to flavor food and as natural medicines. In this easy-access guide, gardener Gordon Thorburn reveals different types of herb garden to suit your needs, from those that don't need much attention (e.g. mint and rosemary don't need much watering but basil and the beautiful Vietnamese coriander are very demanding), to classic herb gardens, culinary options and medicinal herb gardens. Whether you suffer from migraines, insomnia, coughs and colds or fatigue, there are herbs which can treat you without side effects. But some herbs can prove fatal and they're not always sold as such, so discover which herbs are safe to use as herbal teas but not as salad leaves in this must-buy guide to creating the perfect herb garden for your needs. Each herb is listed with growing instructions and its culinary and medicinal uses, plus the color of its flowers and any must-know information from health warnings to nature-friendly herbs which attract butterflies and bees to help pollinate your garden.

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