



Quintessence of the Union of Mahamudra and Dzokchen: Karma Chakme and Commentary by Khenpo Karthar Rinpoche

Karma Chakme Rinpoche, Khenpo Karthar Rinpoche

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The Quintessence of the Union of Mahamudra and Dzokchen presents, in a very concise and inclusive way, all that an individual actually needs to practice in order to attain awakening. This style of presentation, in its brevity and directness, is appropriate for the present time because our mental afflictions are strong and life is short. We do not have time to waste. The text, which is composed of eight songs, presents the quintessence of both Mahamudra and Dzokchen while celebrating their fundamental unity. Written in Karma Chakme's unique style of extreme simplicity and great profundity, it makes what is normally difficult to understand very easy and straightforward.



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