

Coffee Gives Me Superpowers: An Illustrated Book about the Most Awesome Beverage on Earth

Ryoko Iwata

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If coffee is the foundation of your food pyramid, then this is your book. Inspired by Ryoko Iwata's popular Web site, I Love Coffee (en.ilovecoffee.jp), Coffee Gives Me Superpowers is overflowing with infographics and fun, interesting facts about the most awesome beverage on earth written by Ryoko, a Japanese coffeelover living in Seattle. The book includes the most popular pieces on the site, such as "Your Brain on Beer vs. Coffee," "10 Coffee Myths," "The Best Time of Day to Drink Coffee (According to Science)," and "10 Things You Probably Didn't Know about Caffeine," plus 25 percent new, original material that is available only in this book.



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Victor Brown:

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Christine Andrews:

People live in this new time of lifestyle always aim to and must have the spare time or they will get large amount of stress from both everyday life and work. So, once we ask do people have time, we will say absolutely indeed. People is human not just a robot. Then we question again, what kind of activity do you possess when the spare time coming to anyone of course your answer will probably unlimited right. Then do you try this one, reading publications. It can be your alternative within spending your spare time, the book you have read is Coffee Gives Me Superpowers: An Illustrated Book about the Most Awesome Beverage on Earth.

Laura Clark:

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