



Crazy Like Us: The Globalization of the American Psyche

Ethan Watters

Download now

[Click here](#) if your download doesn't start automatically

Crazy Like Us: The Globalization of the American Psyche

Ethan Watters

Crazy Like Us: The Globalization of the American Psyche Ethan Watters

It is well known that American culture is a dominant force at home and abroad; our exportation of everything from movies to junk food is a well-documented phenomenon. But is it possible America's most troubling impact on the globalizing world has yet to be accounted for? In *Crazy Like Us*, Ethan Watters reveals that the most devastating consequence of the spread of American culture has not been our golden arches or our bomb craters but our bulldozing of the human psyche itself: We are in the process of homogenizing the way the world goes mad.

America has been the world leader in generating new mental health treatments and modern theories of the human psyche. We export our psychopharmaceuticals packaged with the certainty that our biomedical knowledge will relieve the suffering and stigma of mental illness. We categorize disorders, thereby defining mental illness and health, and then parade these seemingly scientific certainties in front of the world. The blowback from these efforts is just now coming to light: It turns out that we have not only been changing the way the world talks about and treats mental illness -- we have been changing the mental illnesses themselves.

For millennia, local beliefs in different cultures have shaped the experience of mental illness into endless varieties. *Crazy Like Us* documents how American interventions have discounted and worked to change those indigenous beliefs, often at a dizzying rate. Over the last decades, mental illnesses popularized in America have been spreading across the globe with the speed of contagious diseases. Watters travels from China to Tanzania to bring home the unsettling conclusion that the virus is us: As we introduce Americanized ways of treating mental illnesses, we are in fact spreading the diseases.

In post-tsunami Sri Lanka, Watters reports on the Western trauma counselors who, in their rush to help, inadvertently trampled local expressions of grief, suffering, and healing. In Hong Kong, he retraces the last steps of the teenager whose death sparked an epidemic of the American version of anorexia nervosa. Watters reveals the truth about a multi-million-dollar campaign by one of the world's biggest drug companies to change the Japanese experience of depression -- literally marketing the disease along with the drug.

But this book is not just about the damage we've caused in faraway places. Looking at our impact on the psyches of people in other cultures is a gut check, a way of forcing ourselves to take a fresh look at our own beliefs about mental health and healing. When we examine our assumptions from a farther shore, we begin to understand how our own culture constantly shapes and sometimes creates the mental illnesses of our time. By setting aside our role as the world's therapist, we may come to accept that we have as much to learn from other cultures' beliefs about the mind as we have to teach.

 [Download Crazy Like Us: The Globalization of the American P...pdf](#)

 [Read Online Crazy Like Us: The Globalization of the American ...pdf](#)

Download and Read Free Online Crazy Like Us: The Globalization of the American Psyche Ethan Watters

From reader reviews:

Jennifer Carter:

The book *Crazy Like Us: The Globalization of the American Psyche* gives you the sense of being enjoy for your spare time. You can utilize to make your capable more increase. Book can being your best friend when you getting tension or having big problem with the subject. If you can make looking at a book *Crazy Like Us: The Globalization of the American Psyche* to get your habit, you can get considerably more advantages, like add your personal capable, increase your knowledge about many or all subjects. You may know everything if you like available and read a publication *Crazy Like Us: The Globalization of the American Psyche*. Kinds of book are several. It means that, science publication or encyclopedia or others. So , how do you think about this book?

Rolando Gil:

This *Crazy Like Us: The Globalization of the American Psyche* are usually reliable for you who want to certainly be a successful person, why. The reason why of this *Crazy Like Us: The Globalization of the American Psyche* can be on the list of great books you must have is definitely giving you more than just simple studying food but feed a person with information that possibly will shock your prior knowledge. This book is usually handy, you can bring it everywhere and whenever your conditions in e-book and printed types. Beside that this *Crazy Like Us: The Globalization of the American Psyche* forcing you to have an enormous of experience including rich vocabulary, giving you test of critical thinking that could it useful in your day action. So , let's have it and revel in reading.

Michael Hill:

The book *Crazy Like Us: The Globalization of the American Psyche* has a lot of information on it. So when you read this book you can get a lot of advantage. The book was published by the very famous author. The author makes some research previous to write this book. That book very easy to read you can obtain the point easily after reading this article book.

Kyle Cook:

That publication can make you to feel relax. This kind of book *Crazy Like Us: The Globalization of the American Psyche* was colorful and of course has pictures on there. As we know that book *Crazy Like Us: The Globalization of the American Psyche* has many kinds or type. Start from kids until young adults. For example *Naruto* or *Private investigator Conan* you can read and feel that you are the character on there. So , not at all of book are generally make you bored, any it makes you feel happy, fun and rest. Try to choose the best book for you personally and try to like reading which.

Download and Read Online Crazy Like Us: The Globalization of the American Psyche Ethan Watters #0J7UOEMSPCQ

Read Crazy Like Us: The Globalization of the American Psyche by Ethan Watters for online ebook

Crazy Like Us: The Globalization of the American Psyche by Ethan Watters Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Crazy Like Us: The Globalization of the American Psyche by Ethan Watters books to read online.

Online Crazy Like Us: The Globalization of the American Psyche by Ethan Watters ebook PDF download

Crazy Like Us: The Globalization of the American Psyche by Ethan Watters Doc

Crazy Like Us: The Globalization of the American Psyche by Ethan Watters Mobipocket

Crazy Like Us: The Globalization of the American Psyche by Ethan Watters EPub