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# WRESTLING WITH DEPRESSION

William Hulme



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## WRESTLING WITH DEPRESSION

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#### WRESTLING WITH DEPRESSION William Hulme

To the 20 million Americans who suffer from depression, the Hulmes offer a promise of hope and healing. Writing from his own battles with depression, William helps depressed people, their families, and caregivers understand depression, treatment and how people can cope. Woven into William's story are his wife's struggles with her husband's illness.

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