

The Journey of the Heroic Parent: Your Child's Struggle & The Road Home

Brad M. Reedy PhD

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The Journey of the Heroic Parent: Your Child's Struggle & The Road Home Brad M. Reedy PhD When a child is hurting, it can be the most painful challenge a parent will face. With compassion and perspective, Dr. Brad Reedy offers hope and wisdom for children who struggle and the parents who love them. The Journey of the Heroic Parent will take you on a journey to a happier, healthier relationship with your struggling child—and yourself. Through lessons learned, mother, father, and child will achieve greater understanding, love, and humanity—no matter what the outcome.

Every day parents face heartbreaking situations. Raising a child struggling with mental health issues, addictions, depression, suicidal thoughts, eating disorders or just the normal angst associated with growing up can be frightening and confusing.

When all you've done is not enough, when your child seems lost and you feel inept and impotent, Dr. Reedy can help you take the necessary steps to find your child, not with cursory cures or snappy solutions, but rather by effecting positive change in your own behavior.

On your journey, you will confront, reevaluate, and grow confident in your beliefs as a parent. You will learn how to lovingly and effectively communicate your intentions to your child.

Reedy's process will teach you how to find peace and security in your skills as a parent, and help you get comfortable exactly where you are. Even if you've made mistakes, even if you think you've failed, you still have the power to be a great parent.

Healthy parenting leads to a healthy life for your whole family, and *The Journey of the Heroic Parent* will be your guide as you walk the path to hope.



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