

Reich, Jung, Regardie & Me: Unhealed Healer.

J. Marvin Spiegelman Ph.D.



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The Unhealed Healer is primarily a record of my experiences during the first four years of an eight-year Reichian therapy with the famed Dr. Francis Israel Regardie. It details the nuts and bolts of procedure and content of many of the sessions, along with reflections and fantasy work which I did during those painful years of my mid-forties, almost twenty years ago. Why, in heaven's name, am I foolhardy enough to do this? What dark motive of exhibitionism, masochism or other ism lurks here to risk the judgment, opprobrium, scorn and contempt of my fellow healers or, just as bad, their pity? I must be out of my mind! Precisely. I undertook Reichian therapy to get out of my mind and into my body.

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