



Prayer for People Who Think Too Much: A Guide to Everyday, Anywhere Prayer from the World's Faith Traditions

Mitch Finley

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Too often we think of prayer as a nut that needs to be cracked. For countless people, prayer is a problem to be solved. So they try a prayer or a meditation technique, abandon it, then try another prayer method and soon abandon it, too. We read, listen to lectures, watch videos, and attend retreats on prayer. Maybe, we think, a visiting guru can help solve the problem of prayer. But prayer is not a problem. Prayer is a mystery, and by no means are these the same thing. —from the Introduction

This may be the last book about prayer you ever read. If you puzzle over what prayer is, and means and does, you probably are thinking too much and praying too little to understand the mystery of prayer.

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Betty Casas:

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People live in this new time of lifestyle always try to and must have the free time or they will get wide range of stress from both way of life and work. So , if we ask do people have time, we will say absolutely yes. People is human not just a robot. Then we question again, what kind of activity have you got when the spare time coming to anyone of course your answer may unlimited right. Then ever try this one, reading ebooks. It can be your alternative inside spending your spare time, typically the book you have read is Prayer for People Who Think Too Much: A Guide to Everyday, Anywhere Prayer from the World's Faith Traditions.

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