



Marriage Boot Camp: Defeat the Top 10 Marriage Killers and Build a Rock-Solid Relationship

Elizabeth Carroll, Jim Carroll

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From the stars of WE tv's *Marriage Boot Camp*, a definitive guide to creating and maintaining a healthy marriage.

Marriage is hard work. After the fairy-tale "I Dos" come chores, bills, fights, and plain weariness. Many couples are unsure how to fix their problems and wonder if their relationships really have what it takes to go the distance. (Hint: They do!)

Luckily, relationship experts Elizabeth and Jim Carroll have created a program proven to mend marriages, revive relationships, and make the happily-ever-afters come true. After twenty years of resuscitating thousands of marriages, the Carrolls bring their wisdom directly to readers through this do-it-yourself relationship bible. Filled with advice, exercises, quizzes, and games, *Marriage Boot Camp* will teach couples to fight the Top Ten Marriage Killers by:

- *Keeping the heat in the bedroom
- *Arguing effectively instead of fighting dirty
- *Managing money
- *Creating—or rebuilding—trust
- *And much more!

Through each time-tested exercise, couples will discover what matters to them as individuals and as part of a pair, and learn why marriage is not 50/50 but 100/100 at all times. With the right skills, any couple can create the marriage they've always dreamed of.

From the Trade Paperback edition.

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