



# How To Be A Pregnant Father

*Peter Mayle*

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## **How To Be A Pregnant Father** Peter Mayle

Bestselling author Peter Mayle shows expectant fathers everything they need to know about one of life's most exciting times. Included is advice that every father needs to know about the impending birth of his child, such as: tactics for the bathroom and the breakfast table, morning sickness, cravings, preserving his sex life, and helping his wife get back into shape.

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