



# FOOD AND WHINE: Confessions of a New Millennium Mom

*Jennifer Moses*

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## FOOD AND WHINE: Confessions of a New Millennium Mom Jennifer Moses

No one knows family life like Jennifer Moses -- its hilarious chaos, its everyday dramas, the bone-weariness and the pure joy every mother feels. Speaking to the generation Erma Bombeck left behind, this mother of three and widely published journalist addresses today's parents with a down-home, perfectly targeted humor that strips aside pretense and reveals the poignant, comic truth about motherhood.

And what is that truth? Something like *breakfast*, Power Rangers, *snack*, tantrum, *lunch*, remote-controlled robot attack, *second snack*, snotty nose, *supper*, multivehicle trike collision, *more snack*, bath-time, story-time, pure exhaustion, bed. Toss in new twins, a husband in the midst of a career change, a mother struggling with cancer, an extended family of quirky characters, and her own incessant -- and laugh-out-loud -- conflicts, and you have a year in the life of Jennifer Moses: mother, wife, daughter, and marvelous observer of women's lives. Illuminating motherhood with her wit and taking no prisoners in the process, Moses captures the comic underbelly of family life today, rife with Volkswagens, action figures, and microwave cuisine -- in a story as much about survival as it is, finally, about love. The trials, tribulations, and triumphs of one woman's experience of home -- a place where diapers smell, husbands are domestically impaired, and dinner is fine straight from the freezer -- are described with sidesplitting honesty. As one of Moses's devoted readers once told her, "You say out loud what I secretly think."

But *Food and Whine* isn't just the humorous account of one mother and her kids. This is a story of families extending over generations, of how life in its simple and sometimes painful beauty goes on, and how, over the course of a year, a family can find its own peace. Behind her irrepressible wit, Moses, like all mothers, has watched her life fall into turmoil: her own direction uncertain, her marital relationship transformed into a child-care collective, the tables turned as her own parents age and fall ill. These powerful moments are handled with the blunt high humor of a clear-eyed witness who backs away from neither the terrors nor the wonders of motherhood. With marvelous insight, a sharp wit, and ready warmth, Jennifer Moses leads us through the valley of the shadow of family life and helps us find hilarious redemption on the back stoop.

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