



Diabetes and Me: An Essential Guide for Kids and Parents

Kim Chaloner

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An upbeat, empathetic, and essential guide for young people with diabetes

In *Diabetes and Me: An Essential Guide for Kids and Parents*, Kim Chaloner, who has been teaching award-winning science classes for fifteen years, gives kids the tools they need to take charge of their health and understand what it means to be diagnosed with diabetes. In this graphic guide, she walks four young people through the basics of diabetes, both Type 1 and Type 2, revealing . . .

- The early signs of diabetes and how doctors can help
- What it means to have Type 1 or Type 2 diabetes
- What the pancreas is and how it works
- How to manage the ups and downs of blood sugar levels
- Strategies for diet and exercise
- How to explain diabetes to friends and family members
- And much more!

Illustrated by the award-winning artist Nick Bertozzi, *Diabetes and Me* is an informative, empowering handbook for parents, teachers, and kids looking to learn more about how to handle one of today's most common conditions.

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Now a day folks who Living in the era exactly where everything reachable by match the internet and the resources inside can be true or not demand people to be aware of each information they get. How many people to be smart in obtaining any information nowadays? Of course the answer then is reading a book. Looking at a book can help people out of this uncertainty Information specially this Diabetes and Me: An Essential Guide for Kids and Parents book since this book offers you rich facts and knowledge. Of course the information in this book hundred per cent guarantees there is no doubt in it you know.

Michael Hale:

Spent a free the perfect time to be fun activity to accomplish! A lot of people spent their spare time with their family, or their own friends. Usually they doing activity like watching television, planning to beach, or picnic inside the park. They actually doing ditto every week. Do you feel it? Would you like to something different to fill your own free time/ holiday? Could be reading a book might be option to fill your cost-free time/ holiday. The first thing you will ask may be what kinds of publication that you should read. If you want to attempt look for book, may be the book untitled Diabetes and Me: An Essential Guide for Kids and Parents can be good book to read. May be it might be best activity to you.

Nathaniel Cornelius:

Precisely why? Because this Diabetes and Me: An Essential Guide for Kids and Parents is an unordinary book that the inside of the publication waiting for you to snap the item but latter it will jolt you with the secret the idea inside. Reading this book close to it was fantastic author who else write the book in such remarkable way makes the content inside of easier to understand, entertaining way but still convey the meaning completely. So , it is good for you for not hesitating having this nowadays or you going to regret it. This phenomenal book will give you a lot of positive aspects than the other book have such as help improving your expertise and your critical thinking technique. So , still want to hold off having that book? If I had been you I will go to the publication store hurriedly.

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