



The Year-Round Harvest: A Seasonal Guide to Growing, Eating, and Preserving the Fruits and Vegetables of Your Labor

Catherine Abbott

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Do you . . .

. . . love harvesting juicy heirloom tomatoes--but are at a loss for how to extend their shelf life?

. . . dig up buckets full of robust potatoes--but don't know how to store them to resist rot?

. . . dream about growing vibrant, crisp greens into the colder months--but can't come up with a system that works?

If so, this book is for you. Inside, you'll find all you need to grow and store an abundance of fresh food that will leave you wanting more! Complete with variables to consider given your own growing situation, this one-stop guide features illustrations and trusted advice for getting your hands dirty and planting with preservation in mind.

In addition, you get 150 recipes--from Roasted Red Pepper Pesto and Dried Tomato Risotto to Lavender Blueberry Jam and Fresh Mint Chutney--that help you make your just-picked, homegrown harvest work for you in the most delicious and satisfying way.

With this valuable resource, you can forget limp grocery store offerings and instead enjoy your very own bright, flavorful--and nutritious--produce that's in season *every season!*

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Jay Klein:

Spent a free time and energy to be fun activity to accomplish! A lot of people spent their down time with their family, or their own friends. Usually they doing activity like watching television, about to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Would you like to something different to fill your free time/ holiday? Might be reading a book is usually option to fill your no cost time/ holiday. The first thing you ask may be what kinds of reserve that you should read. If you want to try out look for book, may be the book untitled The Year-Round Harvest: A Seasonal Guide to Growing, Eating, and Preserving the Fruits and Vegetables of Your Labor can be great book to read. May be it could be best activity to you.

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Carlos Tabor:

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