



# Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists

*Christy Cael*

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## **Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists**

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Using dynamic visuals and kinesthetic exercises, Functional Anatomy helps readers explore and understand the structures, regions, and layers of the body, from bones to ligaments to superficial and deep muscles. Muscle profiles indicate origin, insertion, and innervation points while step-by-step instructions teach effective bone and muscle palpation.

Readers will also learn how structures help the body move through joint motion, and passive and resisted range of motion techniques. For each region, the book illustrates how structure and function work together to achieve motion in daily activities and sports.

A companion Website includes animations of daily activities such as walking, jogging, and sitting; audio pronunciations of muscles; palpation video demonstrations; searchable full text online; PowerPoint slides; lesson plans; Brownstone test generator; and image and table collections.

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