



El mundo en un bocado: Tapas, mezze y otros deliciosos aperitivos de todos los continentes (Spanish Edition)

Paul Gayler

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A savory collection of bite-sized foods, this cookbook is a global culinary tour, from Spanish tapas and Mexican antihitos to the dim sum of China and the mezze of the Middle East. More than 130 recipes demonstrate how a mouthwatering combination of textures, colors, and tastes can be achieved in the smallest of morsels. The majority of the dishes can be prepared in just minutes, and both vegetarian and meat recipes are included.

Una colección sabrosa de bocadillos, este libro de cocina es un viaje global culinario, desde las tapas españolas y las botanas mexicanas hasta los dim sum de China y los mezze del Oriente Próximo. Más de 130 recetas demuestran cómo una combinación exquisita de texturas, colores y sabores se puede hallar en los bocados más pequeños. La mayoría de los platos se pueden preparar en sólo minutos, y recetas vegetarianas y de carne se incluyen.

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